General Safety Warning
Please ensure these instructions are fully read and understood before use. All aids for Moving & Handling should be used in accordance with local Moving and Handling recommendations. If doubt exists regarding any manoeuvre or procedure, consult your Moving and Handling Advisor. Please retain these instructions in a safe place for future reference.

Intended Use
The Atlas Transfer Disc enables standing and seat to seat transfers without the lifting and twisting actions which so often result in musculo-skeletal injury. Its design allows the carers to maintain the correct ergonomic position during transfer and promotes the maintenance of upper body strength in clients.

At the Atlas can be used to encourage increased mobility in rehabilitation.

The lightweight design of the Atlas increases manouevrability for positioning and ease of transportation. The bearing mechanism provides smooth turning with minimum effort and is completely independent of client weight.

Safety Precautions
Please note that whilst the device is suitable for use with clients up to 190Kg (30st), the maximum user weight as the carer must act as a counterbalance to the client during transfer, the client weight is therefore limited by the carer’s weight and strength.

The client must have sufficient upper body strength and weight bearing capacity to rise and to maintain a standing position with the support of the Atlas only.

Instructions for use
1. Move the Atlas into position by tilting back the handle to bring the castors in contact with the floor. Position the seat/wheelchair in close proximity to the surface from which the client will be transferring.

2. Position the Atlas as close as possible to the seated client with the lower handle bar closest to the client and place their feet onto the texture non slip base. The handle height may be adjusted using the hand-wheel* and locating holes at the rear of the upright.

*Caution: Ensure that the hand-wheel is located correctly and tightened before commencing the transfer.
Instructions Continued.

3. The height of the kneepads may be adjusted using the hand-wheel* behind the kneepad bracket, which can be positioned at a suitable height; this is normally just below the knee joint.

*Caution: Ensure the hand-wheel is located correctly and tightened before commencing transfer.

4. The carer now stands behind the Atlas holding the handlebar firmly. The carer’s foot must be placed on the foot stand whilst the client rises to a standing position (as shown in the picture right).

Caution: The carer must act as a counterbalance when the client is rising. You must consider whether the carer’s body weight is adequate to counterbalance the client’s bodyweight.

The carer must maintain a handle hold while the client is standing on the Atlas.

5. The Carer’s foot is taken from the foot stand and the Atlas turned to the appropriate position. The carer replaces their foot on the foot stand whilst the client lowers onto the transfer surface.

Caution: The carer acts as a counterbalance when the client is lowering. The carer must maintain a firm grip on the upper handle and one foot on the foot stand when the client is raising and lowering.

Cleaning Instructions
Clean regularly, wiping down with mild detergent /disinfectant solution

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This product is from an extensive range of Moving and Handling equipment available from Nottingham Rehab Supplies. To view the full range visit www.nrs-uk.co.uk or request a catalogue from the above number.

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