USER INSTRUCTIONS
TRIPOD AND TETRAPOD WALKING STICKS

General Safety Warning
Please make sure that you read and follow these instructions carefully. Failure to do so can result in injury. Keep these instructions in a safe place for future reference.

1.0 INTENDED USE
Tripods and Tetrapods are walking aids with 3 or more legs designed to give the user greater stability and support than a single stick.

2.0 SAFETY
1. The maximum user weight must not be greater than 20st / 127kg.
2. While moving, be aware of slipping hazards and uneven surfaces.
3. The product must be inspected at regular intervals, for signs of damage or significant signs of wear.

Check for:
• Loose or cracked handles.
• Worn, split or damaged ferrules (rubber feet).
• Bent or damaged tubes or cracks at the tube welds or joints.
• Button spring clip is present and not worn or loose.
• Elongated adjustment holes.

3.0 UNPACKING
Remove the packaging and check all parts carefully. Contact your supplier immediately if parts are missing or damaged and do not try and assemble.

4.0 ADJUSTING THE WALKING AID
The walking aid must be correctly adjusted for the user before use. A walking aid at the wrong height puts strain on your hands, wrists, shoulders and neck.

To measure the correct height for your walking aid, stand up straight with your hands relaxed at your sides. The top of your walking aid should line-up up with your wrist.

Your elbow should be slightly bent when holding the walking stick.
5.3 Sitting Down:
1. Make sure the chair is immediately behind you.
2. Place your free hand on the chair arm, bend forward and lower yourself gently into the chair using the walking aid and chair arm for support.
3. Place the walking aid within easy reach of the chair.

6.0 CLEANING

Warning: Do not use bleach or solvents.
1. Clean the frame regularly, using a general purpose, neutral detergent and warm water.
2. Please check the suitability of the cleaning products before use.
3. Do not use abrasive cleaners or cloths as these could permanently damage the surface and invalidate any warranty.
4. Always allow the product to dry thoroughly prior to use or storage.

7.0 PRODUCT DISPOSAL
This product should be thoroughly cleaned prior to disposal.
This product is manufactured from metal and plastic and can be disposed of through Local Authority Household Waste and Recycling Centres or through Local Trade Waste Collectors.

8.0 PRODUCT GUARANTEE
NRS Healthcare guarantee this product for a period of 12 months, from the date of purchase, against faulty materials and workmanship.
This guarantee does not cover; abuse, misuse, interference or tampering with any part of the product.
Any guarantee issued by NRS Healthcare does not affect your statutory rights.